



Northern Beaches
DEMENTIA FRIENDLY
COMMUNITY PROJECT

Dementia Information Session

The Northern Beaches Dementia-Friendly Community project aims to create a safe and supportive community for people living with dementia and their carers. The project is funded by the Northern Beaches Council and Dementia Australia. Our goals are to provide education and promote awareness about dementia and dementia-friendly communities.

About the project

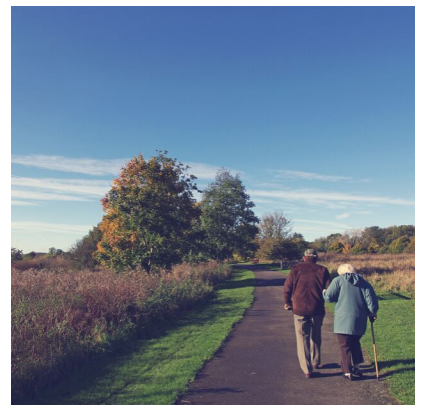
We are offering a **free, 30-minute education session for community groups**. The session covers the following topics:

- What is dementia?
- Reducing risk of dementia
- Dementia-Friendly Communication
- Dementia-Friendly Communities and Organisations

The program is organised by the Northern Beaches Dementia Alliance, a consortium of experts from aged, dementia and health care sector as well as consumer representatives. The Alliance will deliver the education session and prepare resources and information for your members. Our presenter will require a space with audio-visual capabilities and we ask for a minimum of 20 participants for the session.

Why is dementia education important?

50% of the general public are frustrated because they are unsure how to help someone with dementia. The prevalence and incidence of dementia in our community is increasing as our ageing population grows. In the Northern Beaches, there are more than 6,000 people living with dementia and by 2058, this number will increase by more than 150%. As 70% of people with dementia are still living in their local communities, dementia education creates a supportive social environment so they can feel understood and supported by the community.



CONTACT US

For more information about the project or to book an information session, contact us.

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