Huaka'i nui loa Isobel Buckland and Merle Hurcomb sailed out to Hawaii to check if those dreamy guitars still still play all day long in the shopping centres. It sends you up the wall. (Huaka'i nui loa means "Have a good trip.")

New Member Karin McClellan is enjoying her Bridge as much as she enjoys her Golf at Bayview where she plays off 17. She has been as low as 13.

How many electrical engineers does it take to change a light bulb? No one is more qualified than Frank Matthews who had a distinguished career in which he participated with Joern Utzon in design work for the Opera House, Frank also worked on Burrinjuck Dam and many other major projects.

Full Marks to Elisabeth Watts who immediately cancelled her Bridge appointments because of a bad cold which later turned into bronchitis, so if you got bronchitis it did not come from her.

Rebekah (new staffer) was practising her art of phone tapping when she heard the word "poaching", immediately she was all ears. Sadly it was about eggs, but listening further she learnt that Caroline Rosser is an expert, not only at Bridge, but also at poaching eggs. It appears that you don't just select any old egg, old eggs are a no,no. So Caroline presented Rebekah with two new eggs and instructions on poaching. Result was two perfectly poached eggs!

Back at Bridge we see Anne Calcraft who had a serious back operation last February her diagnosis was spinal stenosis which refers to a narrowing in the spine. We know of a man who collapsed after giving blood had weakened him. Hospital examination revealed his problem and so an operation was performed. Anne had suffered from back pain for many years without knowing why.

You look familiar Marlene Hill tells this story of a situation which many of us have experienced. She joined a golf club and found herself in a group withthree other ladies.

They played 18 holes and then proceeded to the locker room. While washing her hands she was chatting to the stranger bedside her and happened to ask her name. The lady said "Well you have just played 18 holes with me, I'm the Captain." It's amazing how the addition of a hat and sun glasses plus a

change of clothing, can change a person's appearance!

Fawcett's Favourite, thanks Joan

CHICKEN TANTE CELESTINE

3 full chicken breasts (cut in halves to provide 6 pieces)

Flour and season with salt and pepper.

2 oz. butter

3 tablespoons Grand Marnier

3 tablespoons chicken stock

1 cup cream

4 medium Granny Smith apples

2 oz. melted butter

1 oz. toasted flaked almonds

Coat chicken in seasoned flour and shake off excess.

Heat butter in a heavy frying pan and fry chicken over medium heat until golden brown, turning to brown evenly.

Sprinkle with 2 tablespoons of Grand Marnier and the chicken stock, then cover tightly and simmer for 30 minutes.

Remove chicken to a serving dish and keep warm.

Add remaining Grand Marnier, and the cream, to the pan, scraping up the brown pieces from the bottom. Stir gently until heated through. Taste for seasoning and spoon over chicken. Serve garnished with apples and sprinkle with

Apple Garnish

toasted almonds. Serves 6.

Peel and core apples and cut into small cubes. Place in shallow baking dish in one layer. Pour over the butter, tossing the apples lightly to coat. Bake in a preheated oven (180 C) for approx. 15 minutes or until apples are soft. Do not stir to avoid breaking apples. Use apple garnish hot. Sprinkle with the toasted flaked almonds.

Aunt Celestine knew her flavours, we have tasted this delicious dish and rate it A1.

"What have you been doing that you should not have been doing?" was the question put to us by Tony Aldridge. Feeling innocent we deigned to reply and just for fun we put the same question to some members with startling results. Be assured dear members, that following years of reporting, as a publisher, we know to exercise great care with such matters. We are here to inform and entertain.

Bidding Boxes Rumour has it that there is a new style bidding box which, at the end of the day's play, sorts itself into correct order and stacks into a group of four in the middle of the table. Until the club can afford them, Rosalie Black stays back to do that job on your behalf. Our committee members really work hard for us!

One of the responsibilities of Social News is the welfare of members. If you have been off colour or hospitalised it is important for your friends at Peninsula to know, and give you sympathy. Be sure to tell Social News.

'MEMBER SEEN WITH NAKED LADY'

......pregnant pause.....embroidered on his jacket sleeve. Ex hospital medico, Ann Campbell was shocked. The claims some people make! It appears member's wife bought the jacket not noticing the detail in the embroidery. Should have gone to Spec Savers.

Who is that lady who looks younger now that she no longer has to wear prescription glasses? It's Margaret Mancq. Her bathroom curtains look whiter and life is brighter.

Why go to Minneapolis? A city of 3.8 million people, the leading bellwether of real estate in USA. So Jo Jarvis is going to buy up there? No way, she is visiting two lovely grandchildren and will be away for four weeks. Lessons handled by Jo will now be done by Susan Falkingham.

Where has President Alan Davies been? Secure in the knowledge that Vice President Viv Eldridge could handle matters in his absence Alan and Lyn Davies took a ride on the Ghan to Darwin and back, unfortunately they caught a bug which took the shine off the trip. Once home Lyn was happy for Alan to take a Golf holiday with a dozen of his mates up in Queensland where they played a number of great courses including Twin Waters. Pressed for details of his successes Alan modestly said he played "just average".

Viv Eldridge has been away also! So who minded the ship?

There is a great Committee on the job and when Alan returned he found the Club was still, like Old Man River, just rollin' along.

A big day for Betty Postle when she addressed a gathering at Mona Vale Library on the subject of books. Betty's subject was "A Healing Hug for Alzheimers Carers".

"Dishwasher attacks Man" If you believe that, think again. Norman Bacon has been sporting a guard on his wrist. There must have been chaos in the kitchen, however that is Norman's story so we just wish him a successful recovery.